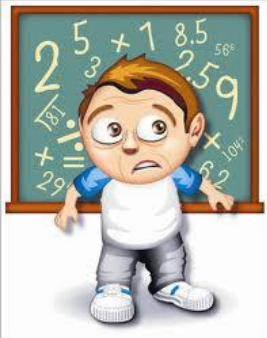


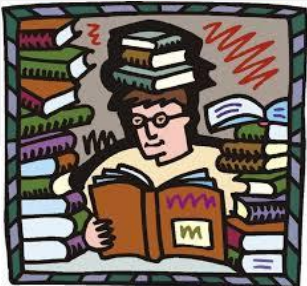


## Study Tips For Senior Courses

Course	Study Method
<p><b>Mathematics</b></p> 	<ul style="list-style-type: none"> <li>* re-do homework sheets and questions by starting with a fresh question, trying the question and then checking your answer</li> <li>* try questions that were not assigned but in a similar chapter</li> <li>* get on-line support (<a href="http://www.webmath.com">www.webmath.com</a>) - this is a Discovery Education Site</li> <li>* work in groups where you complete a question and explain the steps to a friend</li> <li>* dedicate time after each class to consolidate your information; ask questions the next day to clarify missing information</li> <li>* for questions you struggle with teach someone (a parent, younger sibling, friend) how to complete the question</li> <li>* practice graphing or answering questions and then use Math aps to check your answers (or check them with a friend)</li> </ul>
<p><b>Sciences</b></p> 	<ul style="list-style-type: none"> <li>* re-do homework sheets and questions by starting with a fresh question, trying the question and then checking your answer</li> <li>* try questions that were not assigned but in a similar chapter</li> <li>* make study cue cards; these are especially effective for terminology</li> <li>* make a mind map showing the links between the different topics and subjects so that you can make all parts of the unit link in some manner</li> <li>* for some units you may need to create a timeline of events in order to put all things in order</li> <li>* draw diagrams or print unlabeled diagrams to answer</li> <li>* for diagrams that are in a textbook cover the labels up with sticky notes, test yourself and then remove the sticky note to see if you were correct</li> <li>* create a table with terms on one side and answers on the other so you can cover up either one column or the other and test yourself</li> <li>* look through your notes and put your notes into questions so that you</li> </ul>

	<p>make your own test up; then answer your test or have a friend answer it for you; check your answers!</p> <p>* go over lab reports; ensure you understand why you did the lab, the purpose of it, your findings, bias in the lab report, etc.</p>
<p><b>English</b></p> 	<ul style="list-style-type: none"> <li>* look for themes in different novels and write these out</li> <li>* write out quotes from the novel, who said it, where they said it, why they said it</li> <li>* practice writing out essay answers where you organize an introduction, thesis, body paragraphs and a conclusion; use and think about specific examples from class or a novel to include in the essay</li> <li>* practice writing out other pieces that may be on your test (long answer, short answer, news report, etc. questions)</li> <li>* go onto Spark Notes or other on-line pages where books are summarized for you; review these to re-cap your information and understanding of a novel</li> <li>* if there is a movie to rent that summarized a novel, watch it</li> <li>* go over your notes; if there is terminology to remember use cue cards or a table format so that you can actually test your ability to remember the information</li> <li>* look over your homework chapter questions and try to answer them again (out loud or by writing them down)</li> </ul>
<p><b>General Study Tips</b></p> 	<ul style="list-style-type: none"> <li>* generally read over all of your notes to get an idea of the unit you are going to study</li> <li>* go over old quizzes and formative assessments to test your understanding of the material</li> <li>* study with a friend who is focused; have them test you</li> <li>* test yourself; cover up the answer and make yourself actively answer the questions the way you would on a test</li> <li>* for questions you struggled with, re-write these out and set them to one side so that you can focus your studying later</li> <li>* get help from your teacher or a friend, in advance of the test, to go</li> </ul>

over material you are struggling with

- \* spread your studying out over a few days
- \* keep your reviews because they are very useful for the final exam
- \* actively work on memorizing, grouping, relating and understanding course material from different angles
- \* teach someone the material
- \* give yourself breaks between studying in order to consolidate the information; try studying for 50 minutes and then take a break for 10. Do something active during this time to give your body a break from sitting!
- \* set up a schedule for studying and follow it
- \* put in the time!
- \* get the sleep you need—your brain needs sleep time to organize the information you are trying to study
- \* eat healthy meals—this will give you the energy you need to study and to write the test